

How to remove temp files / Speed your PC back up!

Posted by Mr.Moo - 13 Apr 2011 21:10

Well, I found the cause of my ping reaching 800ms.

I forgot to clear my temp folders, I had 1.5gb of temporary internet files stored, once removed, it was fine and pinging at 32bytes @ 34/37ms 🙄

For those of you that don't know about temp files.

Windows **LOVES** to store temporary internet files in **2** locations on your computer.

If you don't delete them, they build up quite severely and can/will cause your PC/Laptop to **slow** down a heck of alot, or create problems as you've seen by my issue.

you can delete these like this:

Windows 7 (x32 x64 x86)

- 1) Turn Hidden Files **OFF**. *In any folder click Tools Then Folder options, go to Advanced and select "show hidden files"*
- 2) go to C:Usersyour-nameAppDataLocalTemp
- 3) Delete EVERYTHING in here. (Not all files will be able to be removed until you reboot)
- 4) Then go to C:Windowstemp (repeat deleting process).

Windows Vista (x32 x64 x86)

- 1) Turn Hidden Files **OFF**. *In any folder click Tools Then Folder options, go to Advanced and select "show hidden files"*
- 2) go to C:Usersyour-nameAppDataLocalTemp

- 3) Delete EVERYTHING in here. (Not all files will be able to be removed until you reboot)
- 4) Then go to C:Windowstemp (repeat deleting process).

Windows XP (x32 x64)

repeat above.

- 1) Turn Hidden Files **OFF**. *In any folder click Tools Then Folder options, go to Advanced and select "show hidden files"*
- 2) go to C:Documents and Settings\Local SettingsTemporary Internet Files
- 3) Delete EVERYTHING in here. (Not all files will be able to be removed until you reboot)
- 4) Then go to C:/Windows/temp (repeat deleting process)

Do-not worry, deleting these files will NOT cause **ANY** harm to your computer, hardware or software.

For example, when you visit this website, windows will save/download the background, advertisement images, smiley's everything image and sourcecode to a temporary file.. so when you re-visit this website, it'll load faster. However, think how many sites we visit in a year.. You could have

100GB

of un-useable crap which is slowing your PC/Laptop down.

So I **strongly** recommend you delete these every 3-6 months. (You can create shortcuts to these, by holding right click, dragging the "temp" folder to your desktop and select "create shortcut here" You may re-name them to something like "User Temp" and "Windows temp".

Hope this helps.

Mr.Moo

=====

Re: How to remove temp files / Speed your PC back up!

Posted by Mr.Moo - 14 Apr 2011 16:02

Supa wrote:

aah Waltz that sucks for you mate. But it is funny cause of the situation it happend in 🤔

hahaha :p

We shall see Supa, I'm gonna find a race that has a giant cookie for a skin then kill you with it.

Let's see you want some cookies now, b*tch. :p Dude if you pick a race as a cookie I will freaking eat you alive before you can do anything. So that means like always ill pwn your ass again. How do you like that, b*tch! 🤔

hahahaha - What if the cookie has gone off?

=====

Re: How to remove temp files / Speed your PC back up!

Posted by Mr.Moo - 14 Apr 2011 16:03

Tunes wrote:

Nice one Moo, however you should run hijackthis, temp files are a weird reason for delaying pings, as something is from he internet exploder (do use that?? geeez) and other completely different thing is something delaying the tcp/ip stack, and there, only trojans and alikes are able to make a fuss with the stack and make your system crawl.

I'll have a look for Hijackthis now, I use Google Chrome mainly with some added code of my own (mainly stripping facebook from its annoying poll's etc and my own ad blocker which I coded)

It is kinda strange though, how my pings fine now =/

I guess it could have been a lightweight trojan in the temps?

=====

Re: How to remove temp files / Speed your PC back up!

Posted by Supa - 14 Apr 2011 16:20

Moo cookie or not Ill eat you alive anyway and you can't hide from that. Ill find you where ever you are.
There is no stopping this. 🍪

Your so going down mate 🙄

=====

Re: How to remove temp files / Speed your PC back up!

Posted by Tunes - 14 Apr 2011 16:46

Mr.Moo wrote:

Tunes wrote:

Nice one Moo, however you should run hijackthis, temp files are a weird reason for delaying pings, as something is from he internet exploder (do use that?? geeez) and other completely different thing is something delaying the tcp/ip stack, and there, only trojans and alike are able to make a fuss with the stack and make your system crawl.

I'll have a look for Hijackthis now, I use Google Chrome mainly with some added code of my own (mainly stripping facebook from its annoying poll's etc and my own ad blocker which I coded)

It is kinda strange though, how my pings fine now =/

I guess it could have been a lightweight trojan in the temps?

Beware with hijackthis, it can many good as many harm to your system bootup and other stuff, I'm pretty sure you know your way around, just a heads up. Things I don't know that appear there, I google them up first.

There is something most people don't really know, but it just tends to delay the system bootup and cause no harm during regular work (or playing games) is the amount of fonts, above 1000, windows starts crawling on boot.

=====

Re: How to remove temp files / Speed your PC back up!

Posted by Mr.Moo - 14 Apr 2011 17:50

hehe Ive no idea how many I have, I know i've installed 7 custom Fonts but thats about it :p (plus windows default) xD

Cheers for the heads up buddy ^.^

+1

=====

Re: How to remove temp files / Speed your PC back up!

Posted by liger - 15 Apr 2011 08:52

havent used hijackthis for some time, but there are tons of forums with pro's where u can copy paste the result and they will tell if somethings up

nice tip Tunes. FOund out i have (only?) 242 on my win7

=====

Re: How to remove temp files / Speed your PC back up!

Posted by Tunes - 15 Apr 2011 09:07

liger wrote:

havent used hijackthis for some time, but there are tons of forums with pro's where u can copy paste the result and they will tell if somethings up

nice tip Tunes. FOund out i have (only?) 242 on my win7

Thats a regular amount of fonts, on the pc I use for design and stuff, I have around 800 high quality fonts (from an adobe package I "bought") 😊

Re: How to remove temp files / Speed your PC back up!

Posted by liger - 15 Apr 2011 09:14

you big spender, you

=====